



**15 Years of Celebrating and
Advocating
Systems Change!**

Families Together in New York State Annual Conference

*Empowering, Engaging, and Enlightening:
Sharing the Family Voice to Build Stronger Communities*

Sunday, April 25 & Monday, April 26, 2010

The Crowne Plaza • State & Lodge Streets • Albany, NY

Keynote Speaker: Sandra Spencer *Advancing the Family Advocacy Movement*



Sandra Spencer, Executive Director of the National Federation of Families for Children's Mental Health, has earned respect from national policy and program leaders, family members, youth, and children for more than a decade. Sandra has navigated a highly visible career path through local family organizing, state level systems of care development, advocacy, national meeting planning for both the Federation of Families for Children's Mental Health and the Technical Assistance Partnership, and providing training and technical assistance to family-run organizations. In addition to her successes, Sandra's struggles have led to the deepest ways of knowing and learning. She has spent sleepless nights protecting her son from the symptoms of his emotional disorder. She has developed and managed resources to raise her children alone in an environment of unconditional love and support. These are the real skills and abilities Sandra brings to the children's mental health field.

www.ffcmh.org

Join Us at the Families Together Annual Conference!

A Message from the President

On behalf of our board of directors, staff, and membership, I would like to invite you to participate in the Families Together in New York State Annual Conference, ***Empowering, Engaging, and Enlightening: Sharing the Family Voice to Build Stronger Communities.***

This year, Families Together's theme emphasizes the strengths of families of children and youth with social, emotional, and behavioral challenges. The family voice can help build not only stronger families, but stronger communities across New York State.

Families Together is celebrating 15 years of advocacy and systems change this year; and we anticipate an increase in conference attendees, powerful workshops, and exciting entertainment to reflect this accomplishment. We are pleased to host our conference at a new location in downtown Albany this year. More details about this new venue can be found on the Conference Information page.

The **YOUTH POWER!** Special Events Workgroup helped design the exciting youth program that includes a Youth Speak Out. For more information about the Youth Speak Out, please turn to the **YOUTH POWER!** page.

Younger children are certainly not forgotten at the Families Together Annual Conference. **Families Together Kids (FTKids)** workshops are designed specifically for children from 5-13 years old. This track provides an opportunity for children to engage in educational and informational activities.

On Monday, join forces and march to the Capitol for the Children's Mental Health Matters Rally! A kick-off to May is Mental Health Month; conference participants will have the opportunity to visit the New York State Capitol, listen to additional speakers, witness the empowering Youth Speak Out, and show support for children's mental health. Come prepared to wear green and march to the Capitol!

I look forward to seeing you in April!



Deb Dubé, President, Families Together Board of Directors

Thank You To Our Current 2010 Supporters

Albany Chapter of the Autism Society of America • Four Winds of Saratoga • Glove House, Inc. • Life's a Stitch Embroidery • Mental Health Association in New York State • New York State Coalition Against Sexual Assault

For information on how you can support our Annual Conference, please contact Crystal L. Brandow: cbrandow@ftnys.org, 518.432.0333 ext. 11

2010 Annual Conference Committee

Board of Directors

Christina Felix, Co-chair
Diane Lang, Co-chair
Eva Dech
Melissa Conners-Chamberlain
Ceceile Green
Karen Pioli
Tina Stanton
Marceline Williams

Staff

Crystal L. Brandow
Tracie Killar
Daphne Brown
Ruth Foster
Zachary Garafalo
Elizabeth Haller
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Paige Pierce

YP! Special Events

Working Group

Christina Felix, Chairperson
Aaron Kendrick
Desiree Moore
Joseph Munisteri
Korie Tomisman
Mariama Yawo

Families Together in New York State

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Albany, NY 12208
1.888.326.8644 • 518.432.0333
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www.ftnys.org

Conference at a Glance

Sunday, April 25

- 10:00 am - 1:00 pm Conference Registration
- 12:00 pm - 12:30 pm Annual Membership Meeting
- 1:30 pm - 3:00 pm Opening Session/Welcome
- 3:15 pm - 4:30 pm Concurrent Workshops: Session I
- 4:45 pm - 6:00 pm Concurrent Workshops: Session II
- 6:30 pm - 8:00 pm Awards Dinner
- 8:30 pm - 11:30 pm Party: DJ/Karaoke/Dancing!

Monday, April 26

- 9:00 am - 12:00 pm Conference Registration
- 9:15 am - 10:45 am Keynote Speaker, Sandra Spencer
- 11:00 am - 12:15 pm Concurrent Workshops: Session III
- 12:45 pm - 2:30 pm Lunch, Youth Speak Out, and Children's Mental Health Matters Rally at the New York State Capitol, West Capitol Park, South Swan Street Steps

FAMILIES TOGETHER KIDS (FTKids)

Once again, our younger conference attendees will be able to participate in workshops designed specifically for them! **FTKids** workshops are for children from 5-13 years old. Parents or guardians must bring the child to and from the workshop and will be asked to provide information regarding which workshop they will be attending as well as contact information such as their hotel room number, cell phone number and/or other contact number. Children will be supervised in **FTKids** workshops, and respite workers and volunteers will be available to assist with escorting children to the bathroom or to locate their parent/guardian if necessary.

All children must be supervised by parents/guardians when not in FTKids workshops

Rally for Children's Mental Health April 26, 2010

New York State Capitol, West Capitol Park, South Swan Street Steps

**Children's Mental Health Awareness Week
May 2 - 8, 2010**



Children's Mental Health Awareness Week is quickly approaching! To kick off this national event, Families Together will be hosting a Children's Mental Health Rally at the Capitol on Monday, April 26. The rally will feature guest speakers, and the **YOUTH POWER!** Youth Speak Out. This is an event you will not want to miss!

Pack green clothing when you come to Albany for the Annual Conference; and prepare to march to the Capitol on Monday.

Sunday's conference program will feature time and tools for creating posters to carry to the Capitol for the rally. Feel free to design and bring posters from home.

The New York State Legislature will be in session during this rally. Let's make sure when the Assembly members and Senators look out of their windows, they see green and recognize that Children's Mental Health Matters!

Visit the Families Together website at www.ftnys.org for more information about the significance of Children's Mental Health Awareness Week.

Sunday, April 25

Concurrent Workshops Session I • 3:15 pm - 4:30 pm

Tools and Strategies to Support Parents Who Use Mental Health Services

Lorraine McMullin, Director of Supporting Parents with Psychiatric Disabilities Initiative, Mental Health Association in New York State, Inc.

The Mental Health Association in New York State's new Supporting Parents with Psychiatric Disabilities Initiative will be outlined and described. Participants will learn details of a series of tools and strategies rolling out across New York to strengthen families headed by parents who use mental health services. Tools described will include Wellness Recovery Action Plan (WRAP), Trauma Recovery and Empowerment, Advanced Directives, Self-Advocacy, and networks of peer-led parent support groups.

Working with Attachment-Trauma, Part I

Diane Kopitowsky, LCSW; Parents of children in treatment for attachment issues

Diane Kopitowsky, LCSW, will provide information about Attachment-Trauma and treatment that helps children and their families with these challenges. She will provide some information about Dyadic Developmental Psychotherapy, a helpful and relatively new integrated treatment modality. Diane feels that the important participants in this type of treatment are the parent/s/caregiver/s who are key to the success of their children.

YP! "Improving the System": One Story at a Time

Peggy Sue Thorpe, National VOICE Coordinator, Youth Advocate Programs, Inc.; George M Oliver, Youth Advocate & VOICE Speaker, Youth Advocate Programs, Inc; William Waugh, Youth Advocate & VOICE Speaker, Youth Advocate Programs, Inc; Jackie Cruz, VOICE Speaker, Youth Advocate Programs, Inc.

The speakers will share their stories and experiences in the Child Welfare, Juvenile Justice, and Mental Health systems. After sharing, the speakers will guide the audience in how to tell their story, and how providers can support youth in sharing their story, including: public speaking tips and tricks, what to share, shaping the message for specific audiences, sharing vs. blaming, who needs to hear the message, and putting your story on paper. Time will be reserved for audience questions and answers.

Building Systems of Care for Families and Youth

Brooke Schewe, Statewide System of Care Director, Families Together in New York State, Inc.

System of care is a philosophy that incorporates a broad array of services and supports that is organized into a coordinated network, integrates care planning and management across multiple levels, is culturally and linguistically competent, and builds meaningful partnerships with families and youth at service delivery, management, and policy levels. Participants will gain knowledge about system of care basics and how to incorporate system of care principles into care coordination, service delivery and planning, advocacy, and program administration to achieve better outcomes for families and youth. This entry level workshop is geared to participants wanting to acquire a basic understanding of system of care philosophy, principles and practices.

YP! Connect-Ability: Raising Awareness of Disabilities among high school and college students

Catharine McHugh, Connect-Ability Advisor, New York State United Teachers (NYSUT); Austin Crittenden, Connect-Ability student editor, Red Hook High School; Rachel Siegel, Connect-Ability Board member, The Institute for Collaborative Education; Lauren Ha, Connect-Ability Board member, Albany High School; Neil Boticelli, Connect-Ability Board member, Williamsville NY

Four students talk about how their work on Connect-Ability, a disabilities awareness newsletter by and for high school students, earned them a Character Education award and is helping them form friendships, gain respect for individual differences, and recognize how diversity enriches their school and social lives.

Positive Behavioral Interventions and Supports (PBIS) and Systems of Care

Chuck Allan, Education Liaison, Monroe County Department of Human Services; Wendy DeRouen, Facilitator, Monroe County Family Access and Connection Team (FACT)

This session will provide an overview of the school based Positive Behavioral and Intervention Supports (PBIS) model and one county's example of integrating into its System of Care for children and youth with emotional and behavioral challenges.

Sunday, April 25

Concurrent Workshops Session II 4:45 pm - 6:00 pm

YP! Trauma Recovery: Self Nurturing and Resiliency

Lorraine McMullin, Director of Supporting Parents with Psychiatric Disabilities Initiative, Mental Health Association in New York State, Inc.; Chrys Ballerano, Co-Director of Building Connections: Sexual Assault and Mental Health Project; New York State Coalition Against Sexual Assault; Youth Presenter

We will explore ways that each of us can be more proactively engaged in our healing process from traumatic experiences of the past. Drawing from expressive arts, music therapy, journaling, storytelling and movement therapies we will share tools that have been most helpful in our recovery. We will illustrate how the arts and creative approaches in general, can help us move towards greater wholeness and well-being. We will brainstorm with participants on a variety of ways to reconnect with passions most core to ourselves and our lives. Participants will receive information on trauma recovery tools and resources.

Working with Attachment-Trauma, Part II

Diane Kopitowsky, LCSW; Parents of children in treatment for attachment issues

A follow up to Part II (see Session I), parents who have participated in this type of treatment with Diane will discuss their experiences.

"Improving the System": One Story at a Time

Peggy Sue Thorpe, National VOICE Coordinator, Youth Advocate Programs, Inc. (YAP, Inc.); George Oliver, Youth Advocate & VOICE Speaker, YAP, Inc.; William Waugh, Youth Advocate & VOICE Speaker, YAP, Inc.; Jackie Cruz, VOICE Speaker, YAP, Inc.

The speakers will share their stories and experiences in the Child Welfare, Juvenile Justice, and Mental Health systems. After sharing, the speakers will guide the audience in how to tell their story, and how providers can support youth in sharing their story, including: public speaking tips and tricks, what to share, shaping the message for specific audiences, sharing vs. blaming, who needs to hear the message, and putting your story on paper. Time will be reserved for audience questions and answers.

Growing up with Invisible Disabilities: I have Fetal Alcohol Spectrum Disorder

Dianne O'Connor, Parent/project associate, NYS OASAS; Jasmine O'Connor, Lifetime expert of FASD, SAMHSA FASD Expert Panel Member

This presentation will talk honestly to youth and

parents about issues concerning Fetal Alcohol Spectrum Disorders (FASD), the umbrella term for physical, emotional, cognitive, and behavioral issues relating to a person with a diagnose of an FASD. FASD is 100% preventable. You will learn the facts and myths about alcohol and how alcohol use during the pregnancy can affect the baby.

Youth Advocates...Doing it RIGHT!!

Brooke Horne, Youth Advocate, Youth Advisory Council; Pat Breux, Community Advocacy & Prevention Coordinator, Chemung County Children's Integrated Services

The Youth Peer Advocates at Chemung County Children's Integrated Services have been honing their skills for over three years. Now they are a part of our service planning process. In this workshop, participants will hear about lessons learned along the way, and through hands on exercises they will get a little experience on how it's done, and take a few simple first steps to make this goal a reality!!

YP! Take Action to Change The System! - Ways You Can Get Involved

Presented by members of YOUTH POWER!

Do you ever wish things were different in your community, your services, your school? Do you feel like you would take action if it really made a difference? This workshop will show you some things that people like you did to make real change. This workshop will give you some ideas on how you can take action too.

An Agency's Journey Through Family-Driven Care & Youth Empowerment

Jacki Powers, MS, Assistant Division Director, The Pederson-Krag Center; Mary Ann Owen, Residential Family Advocate, Family Service League and The Pederson-Krag Center; Kelly Cook, MSW, CR Program Director, The Pederson-Krag Center; Brandy Frederiksen, MS, CASAC, FSS Program Director, The Pederson-Krag Center; Lisa Pucciarelli, HCBS Waiver Program Supervisor, The Pederson-Krag Center; Lindsey Crecco, LINK Case Manager, The Pederson-Krag Center; Parent

The Pederson-Krag Center's Children's Community & Residential Programs will share their undertakings and achievements related to special projects that emphasize and celebrate family-driven care and youth empowerment. The Enhanced Family Support Initiative (EFSI) and Tidal WAVE Youth Leadership Program will be described and examples of specific projects/events illustrated.

Monday, April 26

Keynote Speaker 9:15 am - 10:45 am

★ Sandra Spencer ★

Sandra has become a much sought after public speaker on the subject of children's mental health from a national as well as a parent's perspective. Her combination of passion and experience validates her message. Sandra's leadership has advanced the family advocacy movement and forged new relationships with national and international organizations such as the Child Welfare League of America and the International Association of Chiefs of Police. Sandra is also the mentor and protégé for the emerging national youth organization, Youth M.O.V.E. (Motivating Others through Voices of Experience) National, a subsidiary of the National Federation. Please join Families Together in welcoming Sandra to the Families Together in New York State Annual Conference!



Attention New York State System of Care Communities:

The Substance Abuse and Mental Health Services Administration (SAMHSA) has authorized the Families Together Annual Conference as one of the two required conferences for core project staff.

For more information about this meeting requirement, please contact Brooke Schewe, Statewide System of Care Director, at 518.432.0333 x14, bschewe@ftnys.org

Concurrent Workshops Session III 11:00 am - 12:15 pm

Trauma Recovery: Self Nurturing and Resiliency

Lorraine McMullin, Director of Supporting Parents with Psychiatric Disabilities Initiative, Mental Health Association in New York State, Inc.; Chrys Ballerano, Co-Director of Building Connections: Sexual Assault and Mental Health Project; New York State Coalition Against Sexual Assault

We will explore ways that each of us can be more proactively engaged in our healing process from traumatic experiences of the past. Drawing from expressive arts, music therapy, journaling, storytelling and movement therapies we will share tools that have been most helpful in our recovery. We will illustrate how the arts and creative approaches in general, can help us move towards greater wholeness and well-being. We will brainstorm with participants on a variety of ways to reconnect with passions most core to ourselves and our lives. Participants will receive information on trauma recovery tools and resources.

Successes and Challenges of an in-district 8:1:1 Classroom: Transition from Junior-High to Senior High and Reintegration into Less Restrictive Settings

Dr. Lara Gordon, School Psychologist, Fort Plain Junior/Senior High School and private Psychoeducational evaluator/special education consultant; Jennifer Rivenburgh, Teacher Assistant for Behavioral and Discipline, Fort Plain Junior/Senior High School; Lisa Petty, Special Education teacher, Fort Plain Junior/Senior High School; Samantha Compton, High School Student, Fort Plain Junior/Senior High School

This workshop will review the in-house 8:1:1 program for students with emotional and behavioral challenges as an alternative to sending them to a restrictive and costly BOCES placement. The transition and reintegration process of students to less restrictive environments (15:1:1 and general education) will be discussed, and case studies presented. Samples of documents used in daily data collection on academic and behavioral goals will be given. The important role of parents as participants in the success of students and communication between parents, school personnel and outside service providers will be highlighted.

Monday, April 26

Concurrent Workshops Session III 11:00 am - 12:15 pm

On the Road to Family-Driven Care

Brooke Schewe, Statewide System of Care Director, Families Together in New York State, Inc.

Family-driven means families have a primary decision making role in the care of their own children as well as the policies and procedures governing care for all children. Participants will learn techniques to advance the capacity of individuals and communities in transforming their children, youth and family services, supports and systems to be family-driven. Participants will understand the evolution of family involvement and family-driven care and the continuum of family involvement; clarify attitudes and assumptions about as well as objections and barriers to family involvement; and recognize indicators of readiness and inspire movement along the family involvement continuum toward family-driven care. This advanced workshop is geared to provider, program and family leaders who have experience with effecting systemic change.

YP! Show Off Your Power!

Presented by members of YOUTH POWER!

This is your chance to express your creativity or your political message through altering clothing and your own personal items. We will be providing plain shirts on a first come first serve basis. You can bring your own items to decorate but be advised that this is at your own risk. Spread a message of hope, power and change. Design something that is so stylish it will catch everyone's eye. What message are you proud enough to wear?

YP! Speak-Up & Speak-Out: Final Prep for the Afternoon Rally

Facilitated by members of YOUTH POWER!

This is your chance to speak out on the steps of the Capitol. Families Together will be holding a rally for children's mental health at the Capitol later in the day and **YP!** will be holding its Annual Youth Speak Out during this event. **If you would like to speak out on the steps of the New York State Capitol then you MUST attend this session.** Only youth who attend this session can speak on the steps. **NO exceptions will be made.** This workshop will be used to go over speeches, select the order of speakers, finalize posters and plan chants. All speakers must speak briefly on a topic relating to mental health but you can read a poem or do something creative. Are you ready for New York State to feel your power?

Lunch and Rally at the Capitol 12:45 pm - 2:30 pm

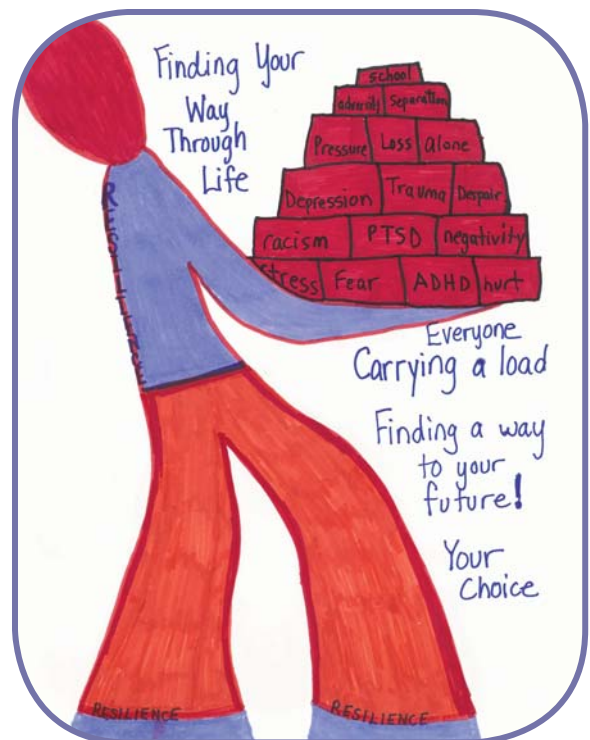
March from the Crowne Plaza to the Capitol for lunch, the **YOUTH POWER!** speak out, and guest speakers!

Families Together in New York State celebrates 15 years of advocacy and systems change this year. As part of this celebration, we will be hosting a Children's Mental Health Matters rally at West Capitol Plaza on the South Swan Street steps. This event will excite and engage New York State in preparation for Children's Mental Health Week, May 2 -8.

Wear green and march from the Crowne Plaza to the Capitol and send the message that children's mental health matters! Rain or shine, this event will be an exciting addition to the 2010 Annual Conference. Transportation will be available for conference participants with accessibility needs.

Boxed lunches will be available for conference attendees at West Capitol Park. Participants are urged to create posters to carry to the Capitol with the poster board and markers that will be available, or bring posters from home!

Join us and send the message that
Children's Mental Health Matters!



YOUTH POWER! WORKSHOPS

Increase Your Knowledge - Increase Your Power!

Families Together's **YOUTH POWER!** Network is proud to present workshops that are selected and delivered for and by young people. Our special events working group put together a youth track that will help young people build their self-help and advocacy skills. YOUth are the Future. Your Voice Matters.



YOUTH POWER! invites the young people that participate in the conference to join in our 4th annual **SPEAK OUT**, which will take place **at the New York State Capitol**. On Monday, April 26, Families Together will be holding a children's mental health rally at the Capitol. Our annual **SPEAK OUT** will be a featured piece of the event. Youth that would like to share a poem, sing a song, or read a statement at the capitol must attend the workshop titled "**Speak-Up & Speak-Out: Final Prep for the Afternoon Rally.**" This is an opportunity for youth to present their perspectives, opinions, concerns and hopes for the future. Join us for this celebration of the youth spirit.

Youth Scholarships

A limited number of scholarships are available for youth with social, emotional, and behavioral needs. Please visit www.ftnys.org to download the youth scholarship application, or contact **YOUTH POWER!** at 888.326.8644.

Important Information on Youth Participation

The **YOUTH POWER!** workshops are specifically designed for **youth ages 14-25 only** and are intended for educational and empowerment purposes. These **youth only** workshops are marked **YP!**. Youth are invited to choose from the **YP!** workshops or any of the other workshops offered at the conference. The goal of youth participation at the conference is to empower young people and provide them with tools for self-advocacy as well as information to bring back and share with their peers, schools and communities. **All youth attending the YP! track must be there by their own choice.** Youth are expected to attend workshops and notify their parent or guardian of their whereabouts at all times. **YP!** facilitators are not responsible for monitoring the whereabouts of youth and young adults.

Young people ages 5-13 are invited to participate in the **FTKids** program.

YOUTH POWER! is the New York State network of young people with disabilities and/or social-emotional challenges. Together, we have decided to speak up about our experiences because no one knows what it is like for us better than we do. Through peer-to-peer mentoring, we empower young people to be active citizens that are aware of government operations, their rights and the ability to use their voices to influence policies, practices, regulations and laws. We are young people helping other people, ensuring availability of self-help and peer support while changing systems so that young people get the support they need with the respect and dignity they deserve.

Become a member today!

Visit <http://www.ftnys.org/youthpower.cfm> to download our membership form, find out about our board and working groups, join our eNews list or get linked to us on facebook and myspace.

Liability Release Form - Youth Participant

A liability release form must be completed for each child or youth participant under the age of 21

Please submit a separate form for each child

YOUTH

Name _____ Date of Birth ____ / ____ / ____

Address _____

City _____ State _____ Zip _____

Day Phone _____ Fax _____ Email _____

Accompanying Parent or Guardian* _____

Relationship _____

Phone for Contacting Accompanying Parent/Guardian During Event _____

Emergency Contact (other than the parent/guardian attending the conference)

Name _____ Phone _____

Family Support Program Affiliation (if applicable) _____

PARENT/GUARDIAN

It is required that you sign this release in order for your child to participate in the conference

I, _____ (name), give permission for my above-named son/daughter to attend the Families Together conference on April 25 and 26, 2010. Neither Families Together in New York State nor any of its contractors may administer medication. The responsible family member/primary caregiver must administer all medication. I relieve Families Together and will not hold it or its staff liable in the event of injury. My child agrees to abide by all the rules and regulations stated by Families Together and its staff. I understand that Families Together will not be held liable if my child fails to cooperate with regulations. I understand that my child must be supervised by the responsible parent/guardian attending the conference and that Families Together is not responsible for monitoring the whereabouts of youth and young adults.

PERMISSION TO PHOTOGRAPH: Please check the appropriate box.

I give permission to Families Together to photograph and/or videotape my child and to use his or her image in photographs, video, and/or film for the purpose of promoting the mission, activities, and programs of Families Together. I understand that my child and I are not entitled to any compensation or rights in these materials, and I release Families Together from any liability for the use of my child's image for the above stated purpose.

I **DO NOT** give permission for my child to be photographed and/or videotaped.

Signature of

Parent/Guardian _____ Date _____

This form must be completed with any youth registration

Please complete this form and mail or fax with registration form or scholarship application to:

Families Together in New York State, Attn: Crystal L. Brandow

737 Madison Avenue, Albany, NY 12208

Fax to 518.434.6478

Families Together Annual Conference Registration

Please submit a separate registration form for each individual registering

PLEASE TYPE OR PRINT CLEARLY

Name _____ Title _____

Agency/Organization _____

Address _____

City _____ State _____ Zip _____

Day Phone _____ Fax _____ Email _____

Required For Youth Under the Age of 21 Only Date of Birth ____ / ____ / ____ Age _____

Accompanying Parent or Guardian* _____

*The accompanying adult guardian must complete a separate registration form.

If you have any special needs (dietary/accessibility) please let us know: _____

Please indicate the day(s) you are attending: Sunday Monday
If attending on Monday, will you be eating lunch and participating in the rally?: Yes No

All Children & Youth Must Be Registered!

Children under the age of 5 must remain with their parent/guardian at all times

EARLY BIRD REGISTRATION FEE:

- Member/One Day \$155.00
- Member/Two Days \$210.00
- Non-Member/One Day \$175.00
- Non-Member/Two Days \$230.00

AFTER APRIL 9:

- Member/One Day \$170.00
- Member/Two Days \$225.00
- Non-Member/One Day \$200.00
- Non-Member/Two Days \$245.00

Note: Early bird registrations must be received by April 9, 2010

Youth Attending the **YOUTH POWER!** and/or concurrent workshops (Ages 14-25)

- One Day \$125.00 Two Days \$180.00

Children Attending the Families Together Kids workshops (Ages 5-13)

- One Day \$100.00 Two Days \$150.00

Please apply for or renew your Families Together membership:

- Individual \$15.00 Family \$20.00
- Family Run Organization \$50.00 Other Organization \$75.00

Note to member organizations: you may register up to two employees at the member rate.

Total Payment Enclosed: \$ _____

Method of Payment: Check made out to: Families Together Credit Card: MC VISA AMEX

Card# _____ Exp _____

Signature of Cardholder _____ Date _____

Please complete this registration form and return to:

Families Together in New York State, Attn: Annual Conference
737 Madison Avenue, Albany, NY 12208 • Fax: 518.434.6478

For additional information, please call Crystal L. Brandow at 518.432.0333, ext. 11

To register online, visit our website at www.ftnys.org

Conference Information

Registration

Please complete and return the registration form on the preceding page with payment. Return one form for each person registering. Conference fees are listed on the registration form. The deadline for Early Bird Registration is April 9, 2010. After this date registrations will increase as listed in the registration form. Registration includes attendance at all events, conference materials, and the following meals and refreshments: Sunday dinner, refreshment break and evening entertainment (Note: lunch on Sunday is “on your own”); Monday lunch. Registrants will need to arrange their own travel and accommodations. Please include payment by check or credit card with your registration. Make checks payable to Families Together in NYS. There is a \$20 charge for returned checks.

Hotel Information

Crowne Plaza, State and Lodge Streets, Albany, NY
518.462.6611, www.cpalbany.com

The price of conference registration does not include hotel rooms. You contact the hotel separately and make your own reservations if you plan to stay there.

Special Hotel Conference Rate

When making room reservations, inform the Crowne Plaza that you are attending under **reservation ID: AYN** and would like the reduced rate of \$112.00 (Single, Double or Triple occupancy). This rate includes a continental breakfast on Monday and complimentary self-parking. The hotel reservation deadline is **March 24, 2010.** Be sure to reserve early. After the deadline or when the reserved block of rooms is filled, the hotel will accept reservations on a regular rate and availability basis. It is suggested you ask for guaranteed late arrival when making hotel arrangements. Registrants will be charged for no-shows. Registrants are responsible for any charges made to their rooms.

Accessibility

If special accommodations, auxiliary aid or services are needed, please let us know. Be sure to mention any accessibility needs when making hotel reservations.

Hotel Amenities

Complimentary high-speed wireless Internet access throughout the hotel, 24-hour Business Center, Health Club, Heated indoor swimming pool and whirlpool, two restaurants, one café, concierge service, covered self-parking in garage, free shuttle service to and from Albany Airport and Amtrak Station.

Directions to the Hotel

The Crowne Plaza is approximately fifteen minutes from the Albany International Airport and five miles from the Rensselaer Amtrak Train Station.

From the South:

Take the NYS Thruway (I-87) North to Exit 23. After the toll, follow to I-787 North. Take Exit 4 and follow the signs to Broadway by turning left at the 1st traffic light. Continue on Broadway and turn left on State Street. Continue up State Street to the 2nd traffic light and turn right on Lodge Street. The Crowne Plaza is on the corner of State and Lodge Streets.

From the North:

Take the ‘Northway’ (I-87) South to I-90 East. Follow I-90 East to I-787 South. Use Exit 4B (Clinton Avenue). At the light, turn left onto Broadway. At the 4th traffic light, turn right on State Street. Continue up State Street to the 2nd traffic light and turn right on Lodge Street. The Crowne Plaza is on the corner of State and Lodge Streets.

From the West:

Take the NYS Thruway (I-90) East to Exit 24. After the toll, continue to follow signs for I-90 East to I-787 South. Use Exit 4B (Clinton Avenue). At the light, turn left onto Broadway. At the 4th traffic light, turn right on State Street. Continue up State Street to the **2nd** traffic light and turn right on Lodge Street. The Crowne Plaza is on the corner of State and Lodge Streets.

From the East:

Take I-90 West to I-787 South. Use Exit 4B (Clinton Avenue). At the light, turn left onto Broadway. At the 4th traffic light, turn right on State Street. Continue up State Street to the 2nd traffic light and turn right on Lodge Street. The Crowne Plaza is on the corner of State and Lodge Streets.

NOTE:

EARLY BIRD REGISTRATION DEADLINE: APRIL 9, 2010

There will be no refunds after April 23, 2010



Families Together
in New York State
737 Madison Avenue
Albany, NY 12208

Non-Profit
U.S. Postage
PAID
Albany, NY
Permit No. 119

Celebrating 15 Years of Advocacy and Systems Change

ADDRESS
SERVICE
REQUESTED

Our Mission:

Families Together is a non-profit, family-run organization that strives to establish a unified voice for children and youth with social, emotional, and behavioral challenges. Our mission is to ensure that every family has access to needed information, support, and services.

Join Us in Celebrating 15 Years of Advocacy and Systems Change!



Families Together has a reason to celebrate at the 2010 Annual Conference! Join us for keynote speaker Sandra Spencer, President of the National Federation of Families for Children's Mental Health; the **YOUTH POWER!** Youth Speak Out, the Annual Hope Awards Ceremony, and much more!